

## Monterey Meditation Group Contemplative Prayer Retreat

## A Presentation and Workshop by Ruben L.F. Habito -- Roshi

Friday November 12, 2010 7:00 pm - 9:00 pm

and

Saturday November 13, 2010 9:00 am - 4:00 pm

First Presbyterian Church of Monterey 501 El Dorado Street Monterey, CA

Ruben Habito will explore Zen as engaged spirituality in a retreat that will include zazen, talks, and discussion

**Ruben L.F. Habito** – a practicing Catholic and former Jesuit priest, as well as an acknowledged Zen master and a professor in the Perkins School of Theology and Southern Methodist University—makes a clear case that Zen practice can deepen a Christian's experience of God, further clarify the Gospel teachings of Jesus, and enable one to live a more joyful, compassionate, and socially engaged life.

Suggested Donation for Friday is \$10 and for Saturday \$35 (lunch included)

- All levels of meditation experience are welcome.
- Bring your own cushion or bench if you have one. Chairs are available.

YES! Please reserve a space for me at the Ruben Habito Retreat

Name \_\_\_\_\_\_\_

Address \_\_\_\_\_\_\_

City \_\_\_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_\_

Phone \_\_\_\_\_\_ E-mail